Protecting children from disease and ill health has always been among the most important concerns of parents. Until the early 20th century the child mortality rate was shockingly high even in advanced industrial countries, and the survival of a child to adulthood was by no means a given.

For advice on raising healthy children, American parents have turned to relatives, neighbors, physicians, and – increasingly over the years – to advice books. Written by both laymen and laywomen as well as by physicians, these child-rearing books laid out what parents needed to know about treating the illnesses of infants and children. Many aimed at the more ambitious goal of bringing up children who were not only healthy but happy.

Archives & Special Collections at the Health Sciences Library now has on display a selection of American childrearing from the last 200 years. The oldest, "The Maternal Physician" (1818), by Mary Palmer Tyler, has the distinction of being one of the earliest medical books written by a women in the U.S.

Also included are two huge bestsellers written by physicians with a connection to Columbia University. "The Care and Feeding of Children," first published in 1895, was written by L. Emmett Holt, medical director of Babies Hospital for many years and professor of pediatrics at the College of Physicians & Surgeons. It went through 12 editions and 75 printings, as well as being translated into Chinese, Russian, and Spanish before Holt’s death in 1924.

"The Common Sense Book of Baby and Child Care," written by 1929 P&S graduate Benjamin Spock, was an even bigger success. First published in 1946, by the late 1990s it had sold more than 50 million copies and had been translated into 42 languages. It is probably the most famous medical advice book ever published. Though thousands of copies of “Dr. Spock’s book” exist, Archives & Special Collections has on display a copy of the rarer hardcover first edition of 1946 with an intact dust jacket.

“Bringing Up Baby: 200 Years of Child-Rearing Books” was curated by Stephen E. Novak, Head, Archives & Special Collections. For more information contact hslarchives@columbia.edu
The Bradford Campus Manager Network Access Control tool has been rolled out in Towers 1 and 2, with Tower 3 scheduled for mid to late June. This tool allows for much faster registration on the wired CUMC network, and provides a more secure environment by insuring that computers connected to the network meet basic security policies. Bradford was installed in Bard Hall and Georgian last year, and will be managing all of the student housing locations before the Fall 2009 semester begins.

If you are living in a location that isn’t yet managed by the Bradford tool, please pre-register your computer to make sure that it meets security policies and won’t experience any interruption of service when the upgrades continue. The registration form can be found at: http://www.cumc.columbia.edu/it/bradford

There are links at the bottom of the form’s first page that explains how Bradford works and CUMC IT’s policies for implementing it.

Your computer will need to have all of its recent operating system updates to pass, as well as working anti-virus and anti-spyware programs with their recent updates. It’s best to set your updates to run automatically as well to avoid the possibility of having your network connection interrupted in the future. The time frame for security exploits has greatly shortened in recent years, while vendor’s update releases have become much more stable – having updates download and install as soon as they become available is the best possible protection for any computer.

Computers must also plug directly into the wired network to be able to register and connect. Routers and other devices can mask the systems that are connecting to the network and pose a big security risk, something that cannot be taken lightly in regards to a resource that is shared with NYPH and must meet stringent HIPAA security standards.

All of the handouts that we keep at the CUMC IT Service Desk and give out during Orientation can be found on our Printable Tutorials page:
http://cumc.columbia.edu/it/getting_help/documentation.html

Newer handouts include:
- Configure your iPhone or iTouch for Athens and VPN
- Using Crestron Classroom Podiums in the eRooms
- Resource 25 WebViewer – view CUMC campus events and room reservations in real time
- Updated NINJa printer information

Be sure to check back periodically as we are constantly adding and updating information, and don’t hesitate to email us with suggestions for any other tutorials you think would be useful.

HSL Summer Hours
Mon. - Thurs. - 8:00 am – 8:00 pm
Fri. - 8:00 am – 6:00 pm
Sat. - 10:00 am – 6:00 pm
Sun. - 12:00 Noon – 8:00 pm
Walk-in Research Help: Mon. - Fri., 12 Noon – 4 pm
24 Hour Computer Room - 24 hours/7 days
After Hours Study Room - 24 hours/7 days
PH-17 Computer 8:00 am - 2:00 am

CUMC Library & Computing News covers research & tech issues relevant to members of the Columbia University Medical Center community. It is edited by John T. Oliver & Anca Meret (jo2203@columbia.edu or aom1@columbia.edu). Page 2 tech content is by Kristin Mullane Shimada.